



CLUB INCLUSION

Annual Report 2019



Club Inclusion has been a life changer for our son! Not only does Brett enjoy the numerous and varied activities, but more importantly, he is part of something that gives him a sense of belonging.

“I love going to work. I love having a career. It makes me happy to work with friends and, actually, I feel really good about myself now.”

— Brett King



PURPOSE

Before Club Inclusion developed its day program, there was nothing to fit the needs of people with diverse abilities in this manner.

Now, Club gives Brett a purpose and a routine he can depend on, while being encouraged to reach his potential as a contributing member of society. And it doesn't hurt that he's having a ball while doing it!

— Helen & Grant King

Let's do this!

To learn more about Club Inclusion and the programs we offer, visit us online or call (902) 478-1917.

theclubinclusion.com

Choose for Yourself



Making your own choices is important. It's a part of being an adult.

Sometimes people are told they can't choose. Instead, they have to do what other people tell them—every day, all the time: When to wake up or go to sleep, what they can eat, where they can work, who they can talk to, who they can date or be friends with. Even what they can do for fun.

At Club Inclusion, you make your own choices.

You choose the activities that interest you, from learning how to cook or vote, to using the bus and much more. You can even set up a business project to make your own money.

And you can choose to take part in an activity, or not. It's your choice!

Plus, our programs are fun, so you have fun trying new things. Because when you know more, you can have more independence and make more choices for yourself.



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Full of Joy: Fallon's Story

The past few years have been very trying for Fallon: hospital stays, complicated procedures, and daily nurse visits have dominated much of her life.

Throughout, Club Inclusion has remained a beacon of hope and happiness. Glenda, Fallon's mom, describes how being able to attend Club gives her daughter something to look forward to:

"As soon as the doctor said she was good to go—even with an infused IV and portable Vac—Club was the only thing she cared about!"



BALANCE + FUN

Many go through trying times and endure things that only close family members and friends know about, but it's important to maintain that balance of healing while still having a social outlet among friends.

Club Inclusion provides that important balance that we all need.

Our life is extremely busy with many appointments, and it will continue to be like this for years to come. But having Club to look forward to gives Fallon a chance to see her friends, take part in amazing activities, and have FUN.

— Glenda Osmond

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Creating Ourselves



It's a wonderful feeling, being yourself and creating art!

At Club Inclusion, I put passion into my art. I learn new techniques and skills. Everyone can make art in their own way—you can design or paint with your fingers, take photographs, or even paint your body!

Showing your art off is the best part about it. Last year, someone bought a painting that I did called “My Marvelous Brain”—it made me so, so proud.

You can also act, perform, and learn about costumes and production—where to stand on stage and how to say your lines. We learn so much about what goes into a show behind closed doors.

Then suddenly—ta daa! You're on stage at Neptune Theatre, and you see your ideas come true!

— Christine Riley



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Supporting Families

By offering respite solutions, building community, advocating, and supporting each other, Club Inclusion helps families thrive.

“Simply put—we belong there. Every single member of our family has an involvement in Club, and we’re all better off for that.”

— Matthew McCarthy



BELONGING

Club is at the core of our successful life with our son, who has autism.

We count on Club Inclusion to support and enhance our whole family’s quality of life. Our son’s skills evolve as an individual across all levels—mental, emotional, and cognitive. And Club provides a significant means of freedom as parents to enjoy life and allow for our own self-care as we support him.

Club has also given us a solid sense of belonging, for our son and ourselves, in the way it promotes connectivity between both him and his peers, and us with other Club parents, guardians, and staff.

— Sue Reeves-Newson

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Community Involvement



I believe the opportunities provided by Club Inclusion help the community as a whole. It helps us think about how the smallest contributions made by a group or individual can make a big difference.

Last year, Maritime Bhangra Group had the privilege of spending time at Club Inclusion on two different occasions.

These experiences have personally helped our own team members grow by being able to look inside and reflect back on ourselves in a very positive manner.

— Hasmeet Singh Chandok



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Breanna Nickerson is looking forward to selling her first product at a Club Inclusion Valentine's pop-up shop. She's working hard to make *Love Bugs*:

"They are edible treats like sweet candies wrapped with a clothes pin—it looks like a beautiful butterfly. The reason the colours are red and pink is because it represents love, and friendship."

— Breanna Lynn



CONFIDENCE

Breanna has been practising her skills, not just with making her product at Club, but also setting up her stall and marketing her product.

She knows what her unique selling point is: "It's my smile!"

"I am looking forward to selling for myself, and I'm excited to be a part of all of this with everyone else."

— Breanna Lynn
Beazley Nickerson

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Corporate Impact



Lindsay Construction is proud to support Club Inclusion. This organization plays a vital role in ensuring that everyone has access to programs that facilitate community involvement, regardless of disability. That's why we are honoured to support programs such as Camp Awesome, which provides fully accessible, fun, and interactive activities for youth.

— Cory Bell, President & CEO, Lindsay Construction

Club Inclusion is a natural fit for the Canadian Progress Club as their values resonate with our own.

Starting out from a small group of passionate individuals, Club Inclusion has transformed into a community staple with daily programs that serve over 250 members and their families.

Together, our membership has helped support Club Inclusion's success in person-directed programming that enables individuals to realize their unique skills and talents.

We are grateful to support Club Inclusion as they continue to flourish, and we look forward to working with them for years to come.

— Henrick Strait-Hinnerichsen
President, Canadian Progress Club-Halifax



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Heather's Story: Care Work

I came to care work because I had challenges and found the commercial workplace isolating. Club Inclusion is the opposite of that.

It provides a place of connection and really accessible learning. Club Inclusion isn't just saying that it's inclusive. It actually demonstrates that it is all the time.



LEARNING

As a respite worker I have seen my practice develop immeasurably at Club Inclusion—I can see how other people respond, communicate and grow, and I learn from them.

Club creates repeated experiences where we can learn from each other, in an environment free from judgement.

I've been able to build relationships with people who might typically not be seen, and these connections have been really valuable in my journey to becoming a better person.

— Heather Watts

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FINANCIALS

Statement of Income and Expenses Year Ended October 31, 2019

If you would like this information in plain language, please email alice@theclubinclusion.com.

INCOME \$

Donations	81,639
Fundraising	23,737
Grants	
Government of Canada	4,063
Province of Nova Scotia	67,729
Other	10,531
United Way of Halifax	60,548
Other Income	11,146
Program Participant Fees	
Club Dartmouth	1,000
Day Programs	120,253
Drop In Club	25,855
March Break Camp	1,620
Nutrition and Life Skills	3,009
Summer Camp	<u>40,337</u>
Total Income	451,467

EXPENSES \$

Marketing	6,815
Amortization	3,666
Fundraising	2,900
Office expenses	4,734
Program Expenses	
Club Dartmouth	5,662
Day Programs	109,557
Drop In Club	86,527
Nutrition and Life Skills	9,907
Summer Camp	70,855
Salaries	
Administrative	11,142
Programming	<u>116,851</u>
Total Expenses	428,616
Balance	22,851

FINANCIAL POSITION

ASSETS	
Cash	131,492
Accounts Receivable	19,434
Grants Receivable	10,000
HST Receivable	4,416
Capital Assets	<u>19,785</u>
Total Assets	185,127

LIABILITIES	
Accounts payable	7,580
Deferred revenue	<u>74,794</u>
	82,374

NET ASSETS	
General Fund	42,753
Internally Restricted	<u>60,000</u>
	102,753

TOTAL LIABILITIES AND NET ASSETS	185,127
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Treasurer's Note:

In keeping with the Board's Sustainability Policy, we have continued to keep a reserve fund in case of unexpected issues.

Accounts audited by:

**G&R Chartered
Professional Accountants**
230-3 Spectacle Lake Drive
Dartmouth, NS B3B 1W8



At Club Inclusion, we work together to lead healthier lives.

I love to help other people and I always make them a cup of tea and ask them how they are.

We have a drum that we made with the All Nations Drummers. If you feel bad, you can drum your feelings out and you will start to feel better.



HEALTHY LIVING

We have lots of workshops, like healthy relationships and walking and yoga.

Last year I ran a workshop for people who work in Government. They have a lot of stress, but I was able to help them make stress balls out of slime. That way they could put their feelings into their hands and help the bad feelings disappear.

It was a great experience for me, meeting new people and helping them to learn new ways to be happy.

— Katelyn Insenor

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SUPPORTERS

We are incredibly grateful for the support of our funding partners. Thank you to the following people and organizations for your financial support:



United Way
Halifax



Canadian Progress Club
HALIFAX

GoodLife
KIDS
FOUNDATION®



100 Bedford Men Who Care

Bluenose Marathon Charity Challenge Supporters

Flemming Foundation | Fossil Power Systems

Anna Gillis | Keith MacKay | Munro Family

Ambassatours

Backman Vidcom

John Benoit

Bethany United Church

Councillor Lisa Blackburn

Daniel Boland

Councillor Shawn Cleary

McInnes Cooper

Cormier Family

Robert Crozier

Dalhousie Dance Society

Dalhousie Disability
Advocacy Society

Dalhousie University,
Henry Hicks Building Staff

Good Robot

Grace United Church

Brent Graham

Halifax Centre Junior High

Good Earth Society

Tom Hantias

Barbara Kanellakos

Paul Lepine

Darlene Mott

Councillor Lorelei Nicoll

Parkland Fuel Corporation

Raymond Family

St James Anglican Church

Sobeys

Rob Taylor

The Hollis Halifax Hotel

Jeff Thomas

Trampoline Creative

Westjet

Westmount
Neighbourhood
Association



THANK YOU!

Our work would not be possible without key partnerships in the Community and the amazing volunteers who donate their time and energy throughout the year. Thank you to everyone who contributes to Club Inclusion, including the following individuals:

2019 Board of Directors

Robert Maingot, *President*
Uta Donahue, *Treasurer*
James Robertson, *Secretary*
Sarah Cooper
Jason Fanning
Annie Haider
Paula Hutchinson
Les T Johnson
Dawn Le Blanc
Jenn MacDonald
Grant MacLean
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Jocelyn Tingley

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Alice Evans, *Executive Director*
Jackie Rivers, *Staff Representative*
Katelyn Isenor, *Member Representative*
Conar Clory, *Member Representative*

2019 Staff Team

Executive Director: Alice Evans
Administrator: Patricia Neves
Program Director: Jackie Rivers
Program Lead: Justin McGarragh

Senior Session Leaders

Justin Eweka, Kari Plaggenborg, Audrey Samson

Program Team

Fatemah Alawadhi, Amber Allen-Boulet,
Katie Ashley, Hasti Ataye, Sylvia Beliveau,
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Jennifer Johnson, Heather King, Alyssa Larade,
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Danielle Miller, Jami Proude, Merrilee Rowse,
Ewa Rudnicki, Linnea Sinclair, Heather Watts,
Ceilidh Wright

Choir Director: Adam Johnson

Legal Counsel: Geoff Breen, Cox and Palmer

Photography: Avi Arora and David Simmonds

Club Inclusion Co-founders: Renée Pye & Alice Evans

Registered Charity # 836137422RR0001

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CLUB INCLUSION

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