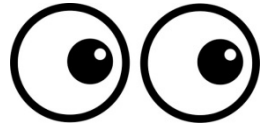
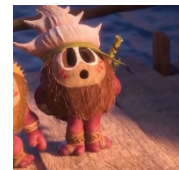
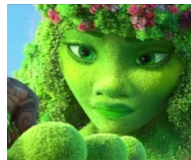
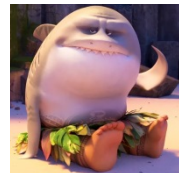
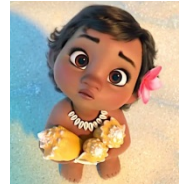


ACTIVITIES

Moana I Spy!



Watch the movie Moana. When you see one of the characters below, check them off!

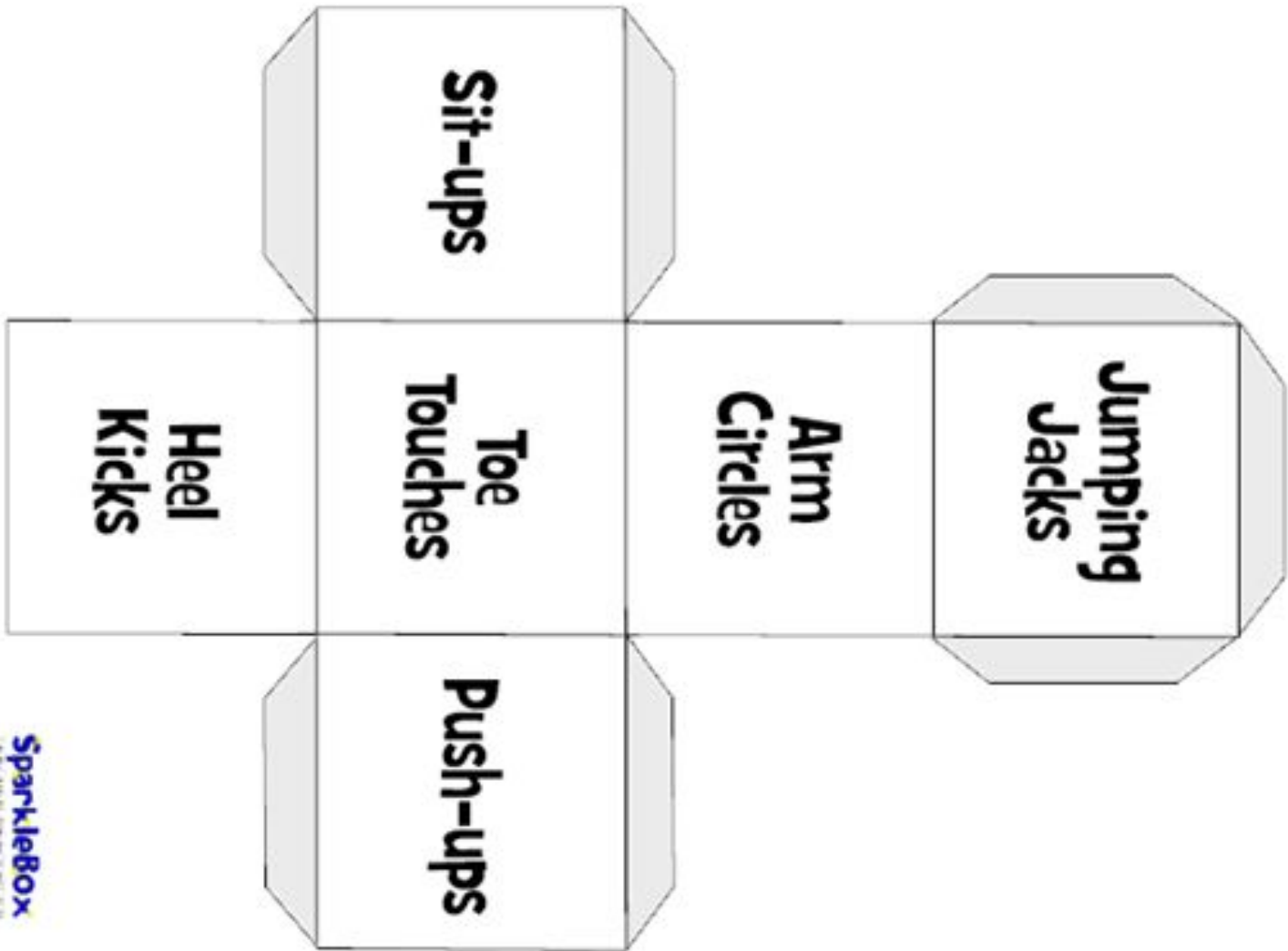


COVID 19 QUARANTINE BINGO

Called a friend	Posted a live video	Cooked my own meal	Helped with Laundry	Did an online fitness workout
Washed hands while singing Happy Birthday	Tidied up my room	Read a book	Wrote a letter/ drew a picture for a friend	Ordered groceries online
Watched Netflix	Did some gardening	Did a Club Daily Challenge	Made a craft	Played a board game
Went for a community walk	Made Cookies	Recover from a little melt down	Unloaded the dishwasher	Tried some yoga
Sorted my closet for clothes to donate	See the primemister talk on the news	Painted a picture	Gave someone a compliment today	Talked about online respite with my carer!

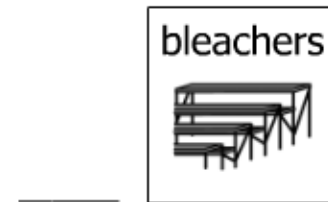
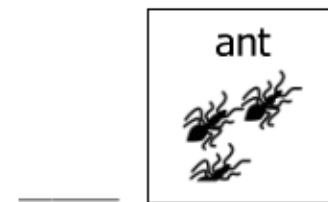
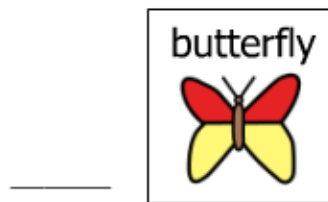
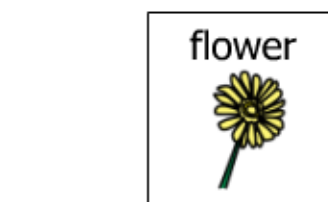
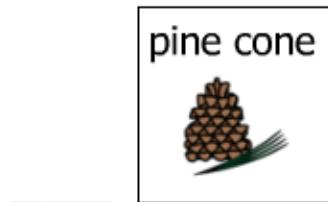
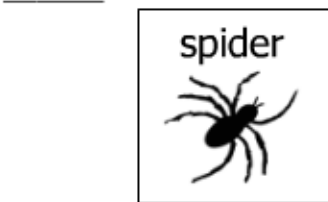
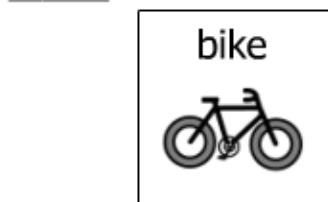
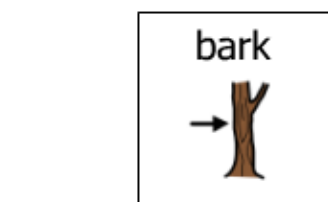
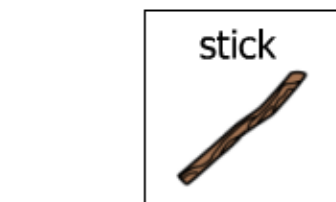
Roll For Fitness!

Cut out the image below and fold along the lines to create a die. When ready, roll the die and do whatever it says 10 times!



OUTDOOR SCAVENGER HUNT

Find the items below!



Making Glitter Slime

You will need:



1. Pour the 6 oz. bottle of glitter glue in a large bowl.



2. Mix in 1 1/2 teaspoons of baking soda



3. Add 1 1/2 teaspoon saline solution to the bowl of glue and stir.



4. Use your hands to mix and create SLIME!



COOKING AND BAKING

When Life Gives You Lemons, Make Lemonade!

(In this case, a delicious slushy- like old fashioned lemonade!)



Put 1 peeled and seeded lemon, 1/2 cup sugar,



3 cuups of cold water and 6 ice cubes



into a blender. Turn is on and blend until smooth. Enjoy!


No Bake Cookies

1  Pour 1/2 cup peanut butter and 1/4 cup maple syrup into a bowl.


2  Put bowl in microwave for 30 seconds. Stir.

3  Pour 1 cup of oatmeal into bowl. Stir.

4  Roll dough into balls and place on baking sheet.

5  Flatten dough with spoon.

6  Let cookies chill in fridge for 15 minutes.



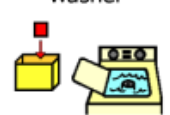




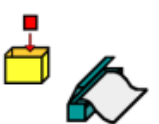
7 Enjoy! 

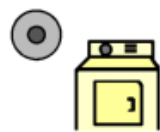
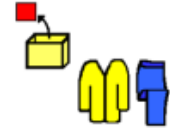


LIFESKILLS

Laundry Reminder Sequence Strip





Washing Laundry Sequence Strip

Laminate the pictures, cut out, and use only the ones you need to create a sequence.

<p>get laundry</p> 	<p>sort darks and lights</p> 	<p>put clothes in washer</p> 	<p>put in detergent</p> 
<p>turn on washer</p> 	<p>take out clothes</p> 	<p>put clothes in dryer</p> 	<p>put in dryer sheet</p> 

<p>turn on dryer</p> 	<p>take out clothes</p> 	<p>fold clothes</p> 	<p>put away clothes</p> 
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Labels

<p>washing machine</p> 	<p>dryer</p> 	<p>laundry soap</p> 	<p>dryer sheet</p> 
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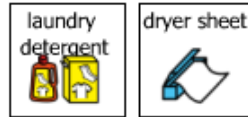
Learning About Laundry Activity

Circle the correct laundry item.

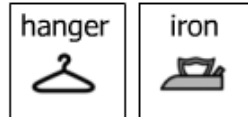
1. What do you measure and put in the washing machine? It cleans your clothes.



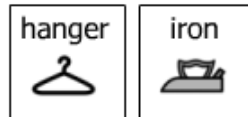
2. What do you add to the dryer to make your clothes soft?



3. What do you use to hang clothes?



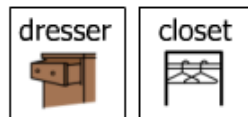
4. What do you use to get rid of wrinkles?



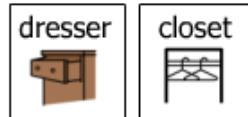
5. What do you use to carry your clothes?



6. Where do you put your clean clothes if they need to be hung up?



7. Where do you put your clean clothes if they are folded?



Circle the correct laundry item.

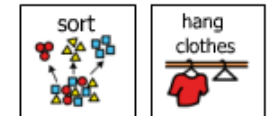
1. What machine cleans your clothes?



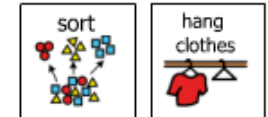
2. What machine dries your clothes?



3. What do you do BEFORE you wash your clothes?



4. What do you do AFTER your clothes are dry?



5. Where do you put dirty clothes?



6. Sometimes you might need these to make the machines turn on.



7. Which machine do you use first?

