

# **ABOUT US**

Club Inclusion brings people together.

All our programs are fully accessible to youth and adults who have different abilities and challenges. We believe that everyone has the right to fun, friendship, and a full and varied life of their choosing.

Hundreds of people take part in our programs and events in Halifax and Dartmouth every month. Our members are artists, Persons with Disabilities, youth, parents, dancers, respite workers, jokers, students, and athletes.



There is always something going on at Club! With programs running seven days a week, you are sure to find something that suits your interests and goals.

There are so many fun activities to try. Some of our favourite programs include: cooking programs, theatre club, music therapy, dances and special events, day programs, community outings, date night, walking club, culture clubs, leadership training, summer camp, and inclusive choir!

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The Club Inclusion provides social, cultural and recreational programs accessible to all people with disabilities. We enrich lives by building friendships, community, and success.

## **MISSION**

## VISION

Empowering people with disabilities, their families, and their communities to thrive through innovative and creative programming. Building bridges to inclusive communities. We run daily programs, events, and activities in Halifax and Dartmouth, Nova Scotia, accessible to youth and adults who have diverse abilities and needs.



## FROM OUR MEMBER'S COUNCIL

Club Inclusion is a member-led organization. This means that we, the members, come up with the ideas for our programs and help to run the activities. We have planning meetings each term and help the staff put together the monthly calendar.

Our Member's Council meets each week to talk about what is going well, what we would like to see change, and what we can do to support the Club. We act as ambassadors for Club, fundraise, run activities, and help Jackie write grant applications and reports.

This year for the annual report we asked people, "What does Club mean to you"? In the following pages, you will find some of our members' answers! We hope you enjoy reading this report.

This is our Club, and we love to help each day to make it awesome!



**Christine Riley ELECTED** REPRESENTATIVE REPRESENTATIVE 2022 - 2023



**Graham Robertson ELECTED** 2022 - 2023



Heather McNamara **ELECTED REPRESENTATIVE** 2021 - 2022



**Conar Clory ELECTED REPRESENTATIVE** 2021 - 2022

# **ADVENTURE**

"I really enjoyed the outings! We got to go to the Nova Scotia Black History Museum for Culture Club. I learned a lot!" -- *Conar Clory* 

"We go on a lot of adventures with Club! We go to the splash park and other fun places all the time. I love going on all the Summer camp bus trips. One of my favourites was when we rented out our own movie theatre!!"— *Tegan Bielawski* 

"I love walking club! We get to explore so many beautiful places around Halifax and Dartmouth, like the Dingle, Point Pleasant park, and so many other spots too!"
-- Heather McNamara









# DELICIOUS FOOD

"After a long break during Covid-19, we finally are doing in person Supper Club again! I love it, it's so fun to cook and eat with friends. I also really like the new Brunch Club program!" – Karley Gates

"When we couldn't be in person (because of Covid-19), Club started the new MasterChef program. We got packs of food, and followed along with Kyle in Zoom. It taught me some great cooking skills to use in my home, and new recipes to try. The food is good!" -- *Graham Robertson* 













# RELAXING

"I love to come to Drop In and relax after a long day at school. The massage chair, piano, and BIG beanbag are awesome." -- Malcolm Rainey

"I like being able to do my own thing when I want, or I can do the planned activities at Drop In. I like to play, lie down, or run around. I pick, and I like it." -- Alfie McCarthy









# FRIENDS

"Friends. Cool people at Club. [I like the] in person dances because I see all my friends at once, and meet new friends." -- Jared Rose

"I met my best friend Tegan at Day Program!! Now we are always hanging out together! We have sleepovers, facetime, and do cheer together." -- Emma Colbert









# BELIEVING IN MYSELF

"Doing the JobLinks program made me so proud of myself! I feel like I am ready to get a job. I work hard, and I love it!" - *Tegan Bielawski* 

"Joining the LIT Program has given me the chance to lead programs at Club, help the staff, and work at special events. I really feel proud of myself. I do things I didn't think I would, so it's cool." – *Breanna Beazley* 

"When I finished the play and heard the applause, I felt so proud of myself. It felt like I was a rockstar!" -- Patrick Flewelling









## **LEADERSHIP**

"My name is Kiera Sparks Lucas. I am 22 years old and had the honour of running the Mentors for Mental Health program at Club Inclusion. This program helps raise awareness about mental health and disabilities. That's me in the top picture on the right!

I think that disability on the staff team is really important because it gives people with disabilities employment and it makes us feel valued, and part of the community. At Club I feel included, and it's a place that I can feel safe, be myself, share my skills, and not feel like my mental health and physical disability is the first thing people see. Club sees me for who I am as a whole person, and not my different ability. Working at Club this year as a staff has made me prove to myself that I have the skills to work in a rec center - and not have to worry about my anxiety. I found a field that I love and am passionate about. I hope to be working in the rec field for years to come, and can show the skills that I have learned from working at Club." — Kiera Sparks Lucas









# **OPPORTUNITY**

"My name is Fernanda Montenegro. I hold a bachelor's degree in arts with a minor in psychology from UBC and a primary school teacher degree from UTA university in Chile. I have spent the last decade working in the field of Education; developing programs for at risk schools, implementing ABA therapy, and teaching both neurotypical and neurodivergent students of all ages.

I was living at home in Chile when I heard about Club Inclusion. I decided to apply, but I kept thinking, "This sounds too good to be true". Some weeks later, my son, cat and I made the big move to Halifax, and the next day I had my first day of training with all the staff! I was not disappointed. It was everything I thought it would be and as the months have gone by, I continue to be grateful and amazed of the people we work with.

Working at Club has been a wonderful experience. I am grateful that we are encouraged to regularly take courses and trainings, and learn constantly from programming and interacting with our diverse Club community. Partnerships with other organizations, activism of our members, and the overall spectrum of experiences that converge at Club, have widened my perspective and commitment to my line of work." -- Fern Montenegro









# FUN!!

"Drop In is a place I come every day! All the different activities make sure I can have so much fun every time I am here! I love coming up with ideas of exciting things to do, and seeing them on the calendar." -- *Tiffany Bonin* 

"I love being able hear the shouts of excitement, music, and raucous laughter from the office. There is always something silly and fun going on! Whenever I need a break, I just head downstairs to play games, eat with friends, or just spend time with some truely awesome people." – *Jackie Rivers* 

"I like hanging out with my friends at Club. It is a great place to go to get out of the house and do something fun! There is always a new activity to try or something new to learn. Always something to enjoy!" -- Kaitlynn Bastien















### Statement of Income and Expenses Year Ended October 31, 2022

If you would like this information in plain language, please email jackie@theclubinclusion.com

INCOME		\$
Donations		\$64,492
Fundraising		\$6,359
Grants		
	Government of Canada	\$8,449
	Province of Nova Scotia	\$220,625
	United Way of Halifax	\$43,175
	Other	\$130,704
Other Income		\$1,824
Program Fees		\$223,991
Interest Income		<u>\$53</u>
Total Income		\$699,672
EXPENSES		\$
Advertising & Marketing		\$1,829
Amortization		\$8,145
Bursaries		\$13,486
Fundraising		\$1,961
Office Expenses		\$41,404
Program Expenses		\$190,032
Salaries		<u>\$444,090</u>

**Total Expenses** 

**Balance** 

### FINANCIAL POSITION

ASSETS	
Cash	\$522,001
Accounts Receivable	\$615
Investment	\$10,053
Grant Receivable	\$45,086
HST Receivable	\$3,457
Prepaid	\$3,449
Capital Assets	<u>\$35,486</u>
Total Assets	\$619,876
LIABILITIES	
Accounts Payable & Accrued Liabilities	\$14,704
Deferred Revenue	<u>\$345,183</u>
	\$359,887
NET ASSETS	
General Fund	\$134,989

#### <u>Treasurer's Note:</u>

\$700,947

-\$1275

TOTAL LIABILITIES AND NET ASSETS

Internally Restricted Emergency\*

Operational\*\*

\*In keeping with the Board's Sustainability Policy, we have continued to keep a reserve fund in case of unexpected events.

\$75,000

\$50,000 **\$259.989** 

\$619,876

\*\*An Operational Reserve has been created to save towards an accessible team van, as well as cover HR and recruitment costs.

Accounts audited by:

G&R Chartered
Professional
Accountants

230-3 Spectacle Lake Dr. Dartmouth, NS, B3B 1W8



We are so grateful for the support of our funding partners. Thank you to the following people and organizations for your financial support!







Department of Community Services Disability Support Program

Nova Scotia Labour and Advanced Education

Employment and Social Development Canada

City of Halifax | Sobeys Community Action Fund | Mental Health Foundation

Communities, Culture, Tourism and Heritage | The Raymond Family Foundation

Sonia Verabioff | The Munro Family | The Donahue Family

The Bert and Shari Frizzell Family Foundation

St. James Anglican Church

Grace United Church

The Gallant Family

Sobeys

Club Inclusion Hang Out Group Supporters

Windsor Senior Bus Society

Dalhousie University

Tom & Daun McGarragh

**Prescott Group** 

**NSCC University** 

The Flewelling Family

Michael J. Mackenzie

Steve Bromwich

Scotia Med Management

Domino's Pizza

The Stages Theatre Festival

Maritime Centre for African Dance

... and of course, our Amazing Volunteers!

## **THANK YOU!**

Our work would not be possible without key partnerships in the community and the amazing volunteers who donate their time and energy throughout the year. Thank you to everyone who contributes to Club Inclusion, including the following individuals:

### 2022 Board of Directors:

Chris Mann, *President*Uta Donahue, *Treasurer*Sarah Cooper, *Secretary*Paula Hutchinson
John Thompson
David Simmonds
Dawn LeBlanc
Annie Haider

### Non-Voting Members:

Jackie Rivers, General Manager

Hennrick Strait-Hinnerichesen

### **Annual Report By:**

Jackie Rivers and the Member's Council of 2022/2023

### 2022 Staff Team:

Sharon Maunder, Administrator
Jackie Rivers, General Manager
Justin McGarragh, Program Director
Linnea Sinclair, Drop In and Volunteer Coordinator
Kyle Clark, Cooking Coordinator
Hasti Ataye, Special Projects
Alice Evans, Senior Consultant

#### Program Team:

Tamara Nowakowski, Cory Meister, Henry Bryden, Rafaela Muriel Alarcon, Fern Montenegro, Emilee Wood, Nora Pettipas, Emily Flinn, Annika Sinclair, Alyssa Larade, Ceilidh Wright, Sarah Dunphy, Amber McLeod, Rachel Saunders, Gabby Herzenberg, Stephanie Josselyn, Brandon Mooney, Rachel Fitzner, Katelyn Wheaton, Lilly Maddalena, Alex Landy, Kiera Sparks Lucas, Nic Pike, Morgan Scott.

Club Inclusion Co-Founders: Rene Pye & Alice Evans Registered Charity # 836137422RR0001

> Jackie Rivers General Manager (902) 401-5938 jackie@theclubinclusion.com



### **Halifax Programs**

2652 Joseph Howe Drive, Halifax

### Mailing Address

PO Box 29076, Halifax Shopping Centre, Halifax, NS, B3L4T8

#### **Dartmouth Programs**

70 King Street, Dartmouth