







Monday	Tuesday	Wednesday	Thursday	Friday	
NO CAMP CANADA DAY	9am to 11:00am Arrival Activities	9am to 11:30am Arrival Activities	9am to 11:00am Arrival Activities	9am to 11:30am Arrival Activities	 CLUB INCLUSION WEEK 1 WET AND WILD
	NAME TAG CRAFT WELCOME GAMES WATER SQUIRT CHALLENGES	WATER CATAPULTS FRUIT PINATAS SMASH	WATER GUN PAINT BY NUMBERS SINK OR FLOAT BOATS	BODY PAINTING TIC TAC TOE WET GAMES & WATER FIGHT MAKING POPCICLES	
	Early Lunch	Lunch	Early Lunch	Lunch	
NO CAMP CANADA DAY	11:00 to 3pm BUS TRIP: FERRY TO DARTMOUTH PLAYGROUND Bus leaves at 11:30am <u>Remember:</u> Bring your swim suit and towel, sunscreen, water bottle, hat, lunch with cold pack, and snacks.	11:30pm to 3pm WALKING TRIP: WESTMOUNT SPRAYPARK & ACCESSIBLE PLAYGROUND <u>Remember:</u> Bring your swim suit and towel, good walking shoes, sunscreen, water bottle, hat, lunch with cold pack and snacks.	11:00am to 3pm BUS TRIP: SWIMMING & HIKING AT ALBRO LAKE Bus leaves at 11:30am <u>Remember:</u> Bring swimsuit and towel, good walking shoes, sunscreen, water bottle, hat, lunch with cold pack, and snacks.	11:30pm to 3pm SLIME WHIPPED CREAM DIVING SLIDE SHOW <u>Remember:</u> Please come in your wet clothes, water bottle, sunscreen, hat, lunch with cold pack and snacks.	July 2-5  Canadian Progress Club HALIFAX Club Inclusion is a part of 


Monday	Tuesday	Wednesday	Thursday	Friday	
9am to 11:30am Arrival Activities NAME TAG CRAFT WELCOME GAMES DIY VINYL RECORDS ART	9am to 11:30am Arrival Activities OUTDOOR HISTORICAL THEATRE	9am to 11:30am Arrival Activities 90's GRUNGE LIP SYNC SHOW CLASSIC COOKING: PINAPPLE UPSIDE DOWN CAKE	9am to 11:00am Arrival Activities VINTAGE VIDEO AND BOARD GAMES LINE DANCING	9am to 11:30am Arrival Activities VINTAGE FASHION SHOW & BLACK AND WHITE PHOTOS MAKING FACINATORS	 CLUB INCLUSION WEEK 2 RETRO VIBES July 8-12  Canadian Progress Club HALIFAX Club Inclusion is a part of 
Lunch 11:30pm to 3pm DECADES MUSIC AND MOVIE ACTIVE TRIVIA TIE DYE SHIRT MAKING Remember: Sunscreen, water bottle, hat, lunch with cold pack and snacks.	Lunch 11:30 to 3pm WALKING TRIP: FLINN PARK THE CAPTURE OF BONNIE AND CLYDE Remember: Sunscreen, good walking shoes, water bottle, hat, lunch with cold pack and snacks.	Lunch 11.30am to 3pm CLUB STYLE SODA SHOPPE AND CARHOP DRIVE IN MOVIE Remember: Sunscreen, water bottle, hat, lunch with cold pack and snacks.	Early Lunch 11:00am to 3pm BUS TRIP: STEELE WHEELS CAR MUSEUM Bus leaves at 12:00pm Remember: Sunscreen, water bottle, hat, lunch with cold pack, and snacks.	Picnic Lunch 11:30am to 3pm ROARING 20's KARAOKE CAFÉ SLIDE SHOW Remember: Your vintage outfit, sunscreen, water bottle, hat, NO heat up lunch w cold pack and snacks.	

Monday	Tuesday	Wednesday	Thursday	Friday	
9am to 11:30am Arrival Activities NAME TAG CRAFT and WELCOME GAMES DIVIDER BALL KARATE W CASK KARATE	9am to 11:30am Arrival Activities HOCKEY BOXING w COACH KYLE	9am to 11:30am Arrival Activities USING THE INCLUSIVE GYM DODGE BATTLE BALL HEALTHY SNACK COOKING	9am to 11:00am Arrival Activities CHEERLEADING W CHEER NOVA SCOTIA (TBD) BADMINTON, PICKLE BALL and PING PONG	9am to 11:30am Arrival Activities GAGA BALL BRUNCH CLUB	 CLUB INCLUSION WEEK 3 EXPLORE SPORTS CAMP July 15-19
Lunch	Lunch	Lunch	Early Lunch	Early Brunch	
11:30pm to 3pm LEAKY BUCKET and WATER FIGHT BASKET BALL SHOOT COMPETITION <u>Remember:</u> Good sport shoes, wet clothes and towel , water bottle, hat, lunch with cold pack and snacks.	11:30 to 3pm BUS TRIP: THE HALIFAX COMMONS SPORTS/ PLAYGROUND Bus leaves at 12:00pm <u>Remember:</u> Wear good sport shoes, water bottle, hat, lunch with cold pack, and snacks.	11.30am to 3pm WALKING TRIP: FLINN PARK SOCCER BASEBALL <u>Remember:</u> Good walking shoes, water bottle, hat, lunch with cold pack and snacks.	11am to 3pm BUS TRIP: HALIFAX BOARDWALK BEACH VOLLYBALL & BOCCE Bus leaves at 11:30am <u>Remember:</u> Wear walking shoes, water bottle, hat, lunch with cold pack, and snacks.	11am to 3pm TENT PARTY w FIELD GAMES and SPA "TRY IT OUT" MULTI-SPORT TIME SLIDE SHOW <u>Remember:</u> Good sport shoes, water bottle, hat, snacks to fit your appetite.	

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9am to 11:30am Arrival Activities NAME TAG CRAFT PARACHUTE GAMES DANCE W HOUSE OF 8s	9am to 11:30am Arrival Activities DRUMFIT HEALTHY SNACK MAKING	9am to 11:30am Arrival Activities MINI GOLF YOGA	9am to 11:30am Arrival Activities BOB THE WEASLE BIG HUMAN CURLING INDIANA JONES BOULDER RUN	9am to 11:30am Arrival Activities ZUMBA w RAFI BAKING FOR PICNIC IN THE PARK	 CLUB INCLUSION WEEK 4 EXPLORE SPORTS PERFORMANCE CAMP July 22-26  Canadian Progress Club HALIFAX  Club Inclusion is a part of 
Lunch	Early Lunch	Lunch	Early Lunch	Picnic Lunch	
11:30pm to 3pm GIANT BILLIARDS BADMINTON, PICKLE BALL and PING PONG Remember: Good walking shoes, water bottle, hat, lunch with cold pack and snacks.	11:30 to 3pm WALKING TRIP: HALIFAX HARBOUR WALK Remember: Good walking shoes, water bottle, hat, lunch with cold pack and snacks.	11.30am to 3pm COMMUNITY FRIENDSHIP DAY w DJ ACE & GLOW PARTIES DUNK TANK FIELD GAMES RELAY RACES TARGET PAINTING Remember: Sport shoes, wet clothes and towel, sunscreen, water bottle, hat, lunch with cold pack and snacks.	11:30am to 3pm BUS TRIP: BOWLING at SPRYFIELD BOWLERAMA Bus leaves at 11:30am Remember: Socks, \$\$ for snacks if you want, socks, water bottle, hat, lunch with cold pack, and snacks.	11:30am to 3pm WALKING TRIP: HORSESHOE LAKE PARK PICNIC IN THE PARK KUBB Remember: Good walking shoes, shoes, sunscreen, water bottle, hat, NO heat up lunch w cold pack and snacks.	

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9am to 11:30am Arrival Activities NAME TAGS QUILTS FLAG MAKING	9am to 11:30am Arrival Activities MAKING GIANT CATAPULTS MEDIEVAL GAMES: MARBLES PICK UP STICKS NOUGHTS/ CROSSES HOP SCOTCH	9am to 11:30am Arrival Activities STORM THE CASTLE DRAGON EGG HUNT	9am to 11:00am Arrival Activities ALCHEMY EXPERIMENTS GOBLET DECORATING and SWORD MAKING	9am to 11:30am Arrival Activities LUNCH CLUB MEDIEVAL FEAST	 CLUB INCLUSION WEEK 5 MEDIEVAL WEEK July 29-AUG 2  Canadian Progress Club HALIFAX
Lunch	Lunch	Lunch	Early Lunch	FEAST LUNCH	
11:30pm to 3pm CAROLE DANCING WHEEL CHAIR JOUSTING <u>Remember:</u> Good sport shoes, water bottle, hat, lunch with cold pack and snacks.	11:30 to 3pm WALKING TRIP: FLINN PARK GIANT CATAPULTS <u>Remember:</u> Wear good sport shoes, water bottle, hat, lunch with cold pack, \$\$ for snacks if you want, and snacks.	11.30am to 3pm DUNGEONS AND DRAGONS W JUSTIN <u>Remember:</u> Good walking shoes, water bottle, hat, lunch with cold pack and snacks.	11am to 3pm BUS TRIP: AFRICVILLE PARK CAPTURE THE KING Bus leaves at 11:30am <u>Remember:</u> Wear good sport shoes, water bottle, hat, lunch with cold pack, and snacks.	11:30am to 3pm KNIGHTS TOURNAMENT SLIDE SHOW <u>Remember:</u> Good sport shoes, water bottle, hat, snacks to fit your appetite.	

	Tuesday	Wednesday	Thursday	Friday	
NO CAMP NATAL DAY	9am to 11:30am Arrival Activities NAME TAG CRAFT WELCOME GAMES BATTLE BALL	9am to 11:30am Arrival Activities DANCE WITH TAM HALIFAX TRIVIA	9am to 11:00am Arrival Activities FRISBEE GOLF BOCCI	9am to 11:30am Arrival Activities BAKING COOKIES FOR S'MORES REC VAN AND DUNK TANK	 CLUB INCLUSION WEEK 6 HALIFAX ADVENTURE AUG 6-9
NO CAMP NATAL DAY	Early Lunch 11:30 to 3pm WALKING TRIP WESTMOUNT SPRAYPARK & ACCESSIBLE PLAYGROUND <u>Remember:</u> Wet clothes and towel , good walking shoes, sunscreen, water bottle, hat, lunch with cold pack and snacks.	Lunch 11.30am to 3pm WALKING TRIP FLINN PARK SLING SHOT DISTANCE CHALLENGE & PLAYGROUND <u>Remember:</u> Good walking shoes, sunscreen, water bottle, hat, lunch with cold pack and snacks.	Early Lunch 11:00am to 3pm BUS TRIP: SHUBIE WILDLIFE PARK Bus leaves at 11:30am <u>Remember:</u> Good walking shoes, sunscreen, water bottle, hat, lunch with cold pack, and snacks.	Picnic Lunch 11:30am to 3pm WALKING TRIP: CAMPFIRE W HOT DOGS AND SMORES AT JACKIE & JUSTIN'S HOUSE <u>Remember:</u> Come in your wet clothes , good walking shoes, sunscreen, water bottle, hat, lunch w cold pack and snacks.	

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9am to 11:30am Arrival Activities NAME TAG CRAFT and WELCOME GAMES SECRET DANCER A BIT TIPSY	9am to 11:30am Arrival Activities WHO AM I: PHOTO MERGE THE GIFT BOX	9am to 11:30am Arrival Activities OBSTACLE COURSE BLIND MANS BUFF	9am to 11:00am Arrival Activities LIMBO AND OTHER DANCE GAMES RIDDLES	9am to 11:30am Arrival Activities GREAT EGG- SPECTATIONS WATER GAMES- RED LIGHT GREEN LIGHT & THE BRIDGE OF DOOM	 CLUB INCLUSION WEEK 7 CHALLENGES AUG 12-16
Lunch	Lunch	Lunch	Early Lunch	Early Brunch	
11:30pm to 3pm MINUTE TO WIN IT GAMES NAME THAT "TUNE" <u>Remember:</u> Good shoes, water bottle, hat, lunch with cold pack and snacks.	11:30 to 3pm WALKING TRIP: FLINN PARK CAPTURE THE FLAG <u>Remember:</u> Wear walking shoes, water bottle, hat, lunch with cold pack, and snacks.	11.30am to 3pm STEAL 5 QUEST FOR FIRE <u>Remember:</u> Water bottle, hat, lunch with cold pack and snacks.	11am to 3pm BUS TRIP: Bus leaves at 11:30am YORK REDOUBT CHALLENGES <u>Remember:</u> Wear good sport shoes, water bottle, hat, lunch with cold pack, and snacks.	11am to 3pm KNOT US! MEMBER'S CHOICE SLIDE SHOW <u>Remember:</u> Come in your wet clothes, towel, water bottle, hat, snacks to fit your appetite.	